

# RESOURCE GUIDE



Office of  
Mental Health



## Schuyler County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

### Crisis Services & Support

#### Family Services of Chemung County Crisis Program

24/7 crisis hotline and mobile team

607-442-6900

Mobile crisis team covers Schuyler county Monday-Friday after 4:30pm and on weekends. Can rapidly respond to you at your home or elsewhere in the community if necessary.

#### Suicide Prevention and Crisis Services of Tompkins County

24/7 crisis hotline

607-272-1616

Provides services across 17 counties.

#### The Trevor Project Hotline

24/7 Crisis hotline for LGBTQ young people

Call 1-866-488-7386 or text 678-678

Free, confidential and secure 24/7 service offering crisis counselors for individuals who are struggling with issues such as coming out, LGBTQ identity, depression, and suicide.

#### 988 Suicide & Crisis Lifeline

Call 988/Text 988

Chat: [chat.988lifeline.org](https://chat.988lifeline.org)

#### WNY Law Enforcement Helpline

Support to law enforcement members and their families.

716-858-2677

Call 24/7 for support and intake forms

[www.wnylawenforcementhelpline.org](https://www.wnylawenforcementhelpline.org)

#### Veterans Crisis Hotline

Confidential support for veterans.

Call 988, and choose option "1" for veterans.

Text: 838255 or chat online

[www.veteranscrisisline.net/get-help-now/chat/](https://www.veteranscrisisline.net/get-help-now/chat/)

## Mental Health Treatment & Rehabilitation

#### Schuyler County Mental Health

Outpatient MH clinic

106 S. Perry St. Suite 4, Watkins Glen, NY 14891

607-535-8282

Hours: Monday & Thursday 8am-5pm, Tuesday &

Wednesday 8am-7pm, Friday 8am-4pm

Call to schedule an intake appointment.

## Peer Support Services

### AspireHope NY

Peer Support services  
25 West Steuben St., Bath, NY 14810  
607-776-2164

Parent, Youth, or Adult peer services and support, including Home & Community Based Support (HCBS) and Child and Family Treatment and Support Services (CFTSS).

### CASA Trinity Peer Crisis

line 24/7 crisis line  
607-378-7479

## Addiction or Substance Use Treatment and Support

### FLACRA Watkins Glen Outpatient Clinic

Outpatient SUD treatment  
106 S. Perry Street, Watkins Glen, NY 14891  
607-535-8260  
Hours: Monday-Thursday 9am-7pm; Friday 9am-5pm

### FLACRA COTI Team

Mobile Substance Use Crisis Response  
1-833-435-2272  
Hours: 24/7

Offers immediate response services including overdose prevention, treatment, and community recovery support for addiction to prescription opioids and illicit drugs such as heroin. Helps those in crisis and reduce opioid-related deaths.

### New Dawn Inpatient– Saint Joseph’s Hospital

Inpatient SUD program  
555 St. Joseph’s Boulevard, Elmira, NY 14901  
607-737-7801  
Hours: 24/7  
Provides inpatient alcohol and drug treatment to help individuals who are physically dependent during the withdrawal period. Do not take Molina Insurance.

### Alcoholics Anonymous (AA)- Elmira/Corning Inter-group

607-249-4276  
Call 24/7 for information on groups held in your area.

### Narcotics Anonymous (NA)- Finger Lakes Region

315-847-3842  
Call 24/7 for information on groups held in your area.

### OASAS 24-Hour Hopeline

24/7 helpline for substance use and gambling concerns.  
1-877-846-7369 or text 467369

### Never Use Alone

Nationwide service where operators with lived experience remain with the caller while using and oversee that the person uses safely.  
877-696-1996 Call 24/7/365

### Naloxone NOW:

Text “NARCAN” to 21000 to arrange for delivery.

## Other Services

### Schuyler County Department of Social Services (DSS)

Assists with SNAP, Medicaid, Temporary Assistance, HEAP, Adult Services, and other services.  
323 Owego St. Unit 3, Montour Falls, NY, 14865  
607-535-8303  
Hours: Monday-Friday, 9am-5pm. Closed from 12pm-1pm for lunch

### Schuyler County Single Point of Access (SPOA)

Assists with linking to services in the community such as treatment, housing, educational/vocational, etc.  
106 S. Perry St., Watkins Glen, NY 14891  
607-535-8255

### Health Homes of Upstate New York (HHUNY)

Care management services for Medicaid recipients.  
1-855-613-7659  
Visit [www.hhuny.org/about/where-we-are/](http://www.hhuny.org/about/where-we-are/)  
Or email [referrals@hhuny.org](mailto:referrals@hhuny.org) or [askhhuny@hhuny.org](mailto:askhhuny@hhuny.org)

### NYS Domestic and Sexual Violence Hotline

Hotline 1-800-942-6906  
Text 1-844-997-2121  
Chat: [opdv.ny.gov](http://opdv.ny.gov)

### USDA National Hunger Hotline

Food assistance for families.  
1-866-348-6479/English Or 1-877-842-6273/Spanish  
Hours: Monday-Friday 7am-10pm

### Medicaid Transportation MAS

Provide transportation to Medicaid recipients for medical appointments/non emergency medical transportation.  
1-866-753-4543 press 9  
Hours: Monday-Sunday 7am-7pm

To find more mental health programs and services visit our website at [www.omh.ny.gov](http://www.omh.ny.gov)



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